

Dixieland Lumber Chairman to Be Honored By Parkinson's Disease Assoc.

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San Diego Business Journal Staff

William S. Cowling II, chairman of Dixieland Lumber Co., will be honored during the Parkinson's Disease Association of San Diego's annual Spirit of Life Award Dinner, slated for Oct. 7 at the San Diego Marriott Del Mar. Cowling, a fellow Parkinsonian, gave \$550,000 to establish the William S. Cowling II Parkinson's Resource Center. He has also donated \$300,000 to support ongoing research by Dr. Shirley Otis, clinical director of the Brain Research and Treatment Center at Scripps Clinic.

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Jay Jeffcoat is the 2007 honoree receiving the Robert Breitbard Award from the San Diego International Sports Council. Jeffcoat has been active in SDISC since 1996, serving as chairman of the board in 1998. He has also worked on numerous other local projects and boards. "Jay has been a leader in our San Diego's sports community over the years. He has embraced the importance of integrating sports and business to enhance our local economy," said Dick Semerdjian, chairman of the San Diego International Sports Council.

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Elizabeth Morris, president and chief executive officer of the San Diego Housing Commission, has been inducted into the California Housing Hall of Fame by the California Housing Consortium. To be inducted, one must demonstrate visionary leadership, innovation, effectiveness, inclusiveness, collaborative spirit and substantial contributions toward advancing affordable housing issues and causes in California. Morris is recognized for her 35 years of service and leadership in the affordable housing field.

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Eric Northbrook, founder of the HeadNorth Foundation, received the Hope and Freedom Award from the Ability Center of San Diego. This award is presented to individuals dedicated to improving the quality of life of others by providing mobility equipment to those in need. Northbrook and his family started the foundation to help individuals with spinal cord injuries after a motorcycle accident left him paralyzed. The foundation has raised \$700,000.

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Western Gardens Landscaping Inc. of Carlsbad received two Beautification Awards from the San Diego chapter of the California Landscape Contractors Association. The water conservation irrigation category award was for the Woodridge Homeowners Association in Carlsbad. Western Gardens also received the achievement award in the medium commercial maintenance category for La Serena Apartments in San Diego.

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